

Southwest Independent School District UIL Region VII Class 5A Championship



Meet: UIL 2026 Region VII Class 5A Swimming and Diving Championships

Last Edited: 11/25/2025

Teams: Qualifying teams from Districts 25, 26, 27, 28

Date(s): February 6 - 7, 2026

Venue: Southwest ISD Aquatic Center
9290 SW Loop 410, San Antonio, TX 78242
Contact # 210-622-4900

Schedule: Friday, February 6, 2026 / Swimming Prelims and Diving Prelims & Semifinals

1000 Doors open for athlete arrival
1100 Coaches Meeting
1120 Lanes and Dive Well open for warm-up
1200 Doors open for Spectators
1200 Officials meeting
1225 Push pace 1 and 8 only
1225 One-way sprint lanes 2 through 7
1225 Call for Timers (assigned)
1240 Clear competition pool
1255 National Anthem
1300 Swim and Dive competition begins

Saturday, February 7, 2026 / Finals

0700 Doors open for athlete arrival
0720 Lanes and Dive Well open for warm-up
0800 Doors open for Spectators
0800 Officials Meet
0825 Push pace 1 and 8 only
0825 One-way sprint lanes 2 through 7
0825 Call for timers
0840 Clear competition pool
0850 Recognize officials
0855 National Anthem
0900 Swim Finals begin, Diving finals will be conducted after the 50 Freestyle

Awards Ceremony will be held 10 minutes after the competition

Facility: Myrtha Pool that will be setup for competition-

- Two (2) One-Meter Dura-Flex Diving Boards.
- One (1) 25-yard eight (8) lane Competition Course.
- Eleven (11) warm-up lanes during competition.
- Two (2) fully automated Colorado Timing System.
- Instruction pool: 3 ½ ft to 4 ½ ft Four lane **not** used during competition.
- Off deck seating for 770 spectators.
- Spectators and non-participating athletes **are not** permitted on deck..

Admission: Door opens for spectators at hour before event

Student (K-12) \$6.00 Single session \$10.00 All session Pass

Adults \$8.00 Single session \$15.00 All session Pass

Ticket link-Go Fan website <https://gofan.co/app/events/856947?schoolId=TX73110>

Rules:

- The 2025-2026 National Federation Swimming and Diving Rules will govern this meet.
- The Federation Whistle Start and No recall False Start Procedures will be in use at this meet.
- Coach must be present on deck during warmup and competition for your athletes.

Facility Rules, Regulations And Policies:

- The Competition Protocols and Procedure, posted throughout the facility, must be followed at all times.
- Deck changing is prohibited.
- Two-piece swim wear is prohibited.
- The presence of cell phones, smart phones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition.
 - Violators are subject to having their devices temporarily confiscated.
- Parents and other spectators are not permitted on-deck at any time for any reason.
- Flash photography of **any sort** is expressly forbidden during competition.
- Standing in front of and/or leaning against glass rails is expressly forbidden.
- Times noted on the scoreboard are never official and must **not ever** be regarded as such.
- All swimmers and divers are required to wear their approved uniforms and warm-ups.
- Hats, Body or face painting, costumes, and/or props will not be allowed.
- Organized cheers by the schools' team will be allowed on deck.
- All spirit groups and team mascots must stay in the spectator area and will not be allowed on deck.
- Athletes and/or teams that violate these rules will be subject to disciplinary actions that could include disqualification from the competition.

Cell Phone Restrictions:

- The presence and/or use of cell phones, and/or any other equipment capable of producing audio recordings, photographic or video images in locker rooms, rest rooms, changing areas or anywhere behind the starting blocks is strictly prohibited at all times.

Yearbook/Staff Photographer:

- Each participating school is allowed one (1) yearbook photographer or district staff photographer on deck during competition. Previous registration is required via google form sent to the coach the week of competition.

- Photographers and videographers are prohibited from the area immediately behind the starting blocks, and taking shots using flash during competitions.

Media Deck Access:

- Media access on deck is carefully controlled. Please inquire for a credential via email (klibardoni11219@swisd.net)

Swimming Format:

- Championship with two heats, Consolation and Championship, advancing to finals.
- Please refer to the Order of Swimming Events on page six (6) for the schedule of breaks.
- Nominal 45 seconds between races in preliminaries.
- Nominal 90 seconds between the finals events.
- In the finals session a “Ready Bench” will be in operation.
- Finals qualifiers must report to the “Ready Bench” no later than one event prior to their scheduled swim.
- Music, appropriate to the occasion and determined by the facility, will be played as the athletes report to the starting blocks..

Diving Format: National Federation Rules will apply.

- 11 dive format
- Five (5) voluntary and six (6) optional dives must be performed.
- All divers must be entered with their High School team with a completed dive sheet via www.cleanentries.com by 1200 hours, Monday February 2nd, 2026.
- **All diver must be entered in both Hy-Tek and CleanEntries in order to compete in this meet.**
- All corrections, revisions, or deletions **must be completed in writing** and in the hands of the Diving Referee Friday’s Coaches Meeting.

Entry Restrictions:

- Each athlete may enter four (4) events, no more than two (2) of which may be individual events.
- No school may enter more than four (4) athletes in any single individual event.
- Each school is limited to one (1) relay team per relay event.
- Late and/or deck entries are not permitted.

Relays:

- Only the four (4) swimmers declared on the front of the relay card are permitted to report to the blocks and compete.
- If the swimmers are to be correctly noted in the Finals Results, the order of swimming must also be specified.
- Relay cards for the 200-yard Medley Relay must be turned in to the Official Scorer **no later than thirty (30) minutes prior to the scheduled start of the meet.**
- Relay cards for the 200-yard Free Relay must be turned in to the Official Scorer no later than the start of the men’s 500 yard freestyle.
- Relay cards for the 400-yard Free Relay must be turned in to the Official Scorer no later than the start of the men’s 100 yard backstroke.
- Once relay cards have been turned in to the Official Scorer, changes will be permitted up to the final deadline for the relay cards shown above..
- For the finals session, if there is a change in either the order of the swimmers **or** the makeup of a relay team a **NEW** card must be prepared and submitted to the Official Scorer as noted above.

- In the cases where there are eight (8) or fewer entries for any relay event, it will be contested as a timed final in the finals session only and NOT swum in preliminaries - the card submission restrictions noted above will, however, apply.
- All athletes must be included in a team's entry file. Athletes cannot enter the meet on site

National Time Verification: This meet has been approved by USA Swimming for NTV purposes, which means times achieved by properly registered and entered USA swimming athletes can be loaded into the SWIMS National Database.

- Times for USA Swimming Athletes in good standing as of the meet date will be uploaded automatically to the USA Swimming database when the athlete's first and last names, middle initial, gender, date of birth, and USA Swimming ID are submitted. Please note, the USA Swimming ID is now 14 digits made up of random alphanumeric characters.
- It is the responsibility of the athlete to provide the high school coach with the correct information so that it can be included with the athlete's entries.

Scratch Deadline: 12:00 PM, Monday, February 2, 2026. (No exceptions)

Entry Procedures:

- Entries may be submitted **ONLY** by Hy-Tek Commlink file.
- Hard copy must accompany.
- Each entry must include the swimmer's full name, swimmers school affiliation grade, and a seedtime.
- Entries received without a seedtime will be rejected.
- All divers must be included in meet as well as sent into Cleanentries.
- Submit entries to: Nathan Coppock: ncoppock@swisd.net

E-mail Entries:

- Entries in Commlink Format only, must be sent on to Nathan Coppock: ncoppock@swisd.net
- The Commlink File must be renamed to clearly identify the entering team, the shorter the better.
- Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entries will not be refunded.
- Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail or hand-delivered.
- Athletes who did not compete in the respective District meet and may compete on a relay in the Regional meet must be manually added to the database prior to the meet deadline. Athletes cannot be added to the database at the meet.

Entry Fees:

Checks Payable to:
 SWISD / Aquatics
 11914 Dragon Lane,
 San Antonio, TX 78252
 \$15.00 per athlete / \$15.00 per relay team

- All entry fees must be paid prior to the start of the meet.
 - If, for any reason, payment of the fees is to be delayed, a School District Purchase Order reflecting the proper amount and payable to SWISD Aquatics will be acceptable.

Scratch Rules:

- High School Championship format.
- Scratches are not permitted.

- Swimmers who fail to appear for any competition in which they have entered will be disqualified from further competition.
- Previous performances will not be nullified.
- Failures to compete by reason of illness or injury are expected.
- An individual swimmer or relay team may withdraw from competition without penalty in any given event by declaring a false start. A declared false start, however, **does count** as an event.
- The Meet Referee will designate the time and place for such declarations.

Alternates:

- Swimmers, who qualify as alternates for final events and wish to compete should no shows occur, must be within an area previously designated by the Meet Referee and be immediately available.
- Immediately is defined as being properly attired, at the block, and ready to swim within 30 seconds of being called.

Meet Management:

Swimming:	Meet Manager 8.0		
Meet Director:	Kristin Libardoni	klibardoni11219@swisd.net	210.243.7434
Entries Chair:	Nathan Coppock	ncoppock9619@swisd.net	210.622.4900
Meet Referee:	Tim Byerly	timbyerly1985@gmail.com	361-548-0879
Admin Referee:	Didi Byerly	dbyerly@wbhq.com	361-549-8887
Diving:	Kristin Libardoni	klibardoni11219@swisd.net	210.243.7434

Scoring:

Place⇒	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relays	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

Awards:

- Medals for 1st, 2nd, 3rd
- Relay Champion Plaques
- Team awards for first place- Men and Women
 - TISCA Men's and women's swimming and diving athletes of the meet
 - TISCA Men's and women's swimming and diving coaches of the meet

Swimming Officials Please Make Special Note:

- All officials must be properly registered with NFHS.
 - Officials not currently registered are not covered by NFHS Insurance and will not be assigned.
- The Meet Referee will make all deck assignments BEFORE the meet.
- Therefore, all officials who desire to be considered for deck positions MUST notify the Meet Referee of their intentions and availability NOT LATER than 1800, Sunday, February 1st.
- You WILL NOT be pre-assigned if your commitment and information are not submitted or not received by the deadline.

- Uniforms for deck officials will be as follows:
 - White collared shirts / blouses over khaki trousers, skirts (NO JEANS OR FLIP-FLOPS).

Please report to the classroom off deck at noon on Friday

Athlete Entrance:

- Buses will drop off athletes to the back side of the facility to enter / exit the event. Saturday buses will park in the bus lane at McAuliffe Middle School.

Saturday Finals:

- Consolation heat announced in the water.
- Finals heat announced behind the blocks.
- Competitive pool will be open each break but for a small amount of time. Wait for the signal.
- Medals for 1st, 2nd, 3rd / Ribbons for places 4th through 8th.

**2026 UIL Region VII Class 5A Swimming & Diving Championships
Order of the Swimming Events**

Women's Event #	Distance (yards) and stroke	Men's Event #
1	200 Medley Relay	2
10 minute break		
3	200 Freestyle	4
5	200 Individual Medley	6
7	50 Freestyle	8
15 minute break		
9	One-meter diving Combined	10
11	100 Butterfly	12
13	100 Freestyle	14
15	500 Freestyle	16
10 Minute Break		
17	200 Free Relay	18

19	100 Backstroke	20
21	100 Breaststroke	22
10 Minute Break		
23	400 Free Relay	24

Hotels within 10 miles of SWAC:

North of Pool

Best Western Plus Lackland Hotel & Suites	5.4 miles
Hampton Inn & Suites San Antonio Lackland	8.1 miles
La Quinta Inn & Suites by Wyndham San Antonio	8.3 miles
Springhill Suites by Marriott San Antonio SeaWorld/Lackland	8.4 miles
Homewood Suites	8.5 miles
Home2 Suites by Hilton San Antonio Lackland/SeaWorld	8.6 miles
Comfort Suites near SeaWorld	9.5 miles
Courtyard by Marriott	9.8 miles
Holiday Inn Express	10 miles

South of Pool

Best Western Plus Palo Alto Inn & Suites	5.7 miles
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[Click here to see a map of hotels near the SWAC](#)