

2027 Frosty and Fun FIVE – A Sprint Pentathlon!

Saturday, January 2, 2027 @ 1pm

Facility: Muskingum County Family YMCA, 1425 Newark Rd, Zanesville, OH 43701, (740) 454.4767, located in the rear of the OU-Zanesville/Zane State campus. 25-yard, 8-lane pool. Locker rooms and showers are available.

Order of Events:

Girls	Event	Boys
1	200 Medley Relay	2
	5-Minute Break	
3	50 Butterfly	4
5	50 Backstroke	6
7	50 Breaststroke	8
	5-Minute Break	
9	50 Freestyle	10
11	100 Individual Medley	12
	5-Minute Break	
13	200 Free Relay	14

Entries: Teams may submit unlimited entries per event, including relays. Swimmers may participate in five (5) individual events and two (2) relay events. Entries will be seeded according to entry times. Submit all times in yards. **Email all entries in Hy-Tek format to scottieswimcoach@yahoo.com by Monday, January 4, 2027.** Email scratches and relay changes prior to arrival or bring to the score table upon arrival.

Entry Fees: Entry fee is \$11 per swimmer entered in the meet. Payment is due 14 days after the meet. Make check payable and send to: **Tri-Valley High School, Attn: Athletic Department, 46 E. Muskingum Ave, Dresden, OH 43821.**

Warmups: Warmups will begin at 12pm. Warmup sessions/lanes will be assigned after entries are received. Feet first entries are required. Coaches must manage all starts and one-way sprints in their lanes. Pool will be cleared at 12:55pm.

Rules/Officials: Meet will be conducted per 2026-27 NFHS/OHSAA Rules. Computer scoring and electronic timing with touch pads and backup buttons will be used. We will be using flyover starts; please ensure your swimmers are prepared.

Scoring: Multi-Team Meet – Relays: 18-14-12-10-8-6-4-2; Individual: 9-7-6-5-4-3-2-1.

Awards: Top 8 male and female swimmers competing in all 5 individual events will receive awards based on total points. A DQ does not make an athlete ineligible for awards. If needed, the IM event will be used as the tiebreaker.

Timers: Each team should provide at least 2 timers. Timers will be admitted FREE. Email names in advance to ensure FREE admission. Timer's meeting will begin 15-20 minutes prior to meet start near the start end.

Spectators: Admission: Adults-\$7; Students-\$5; Volunteers, Children <5 & TV All-Sports Pass/Gold Card Holders-FREE. Heat sheets: \$2. The MCFY natatorium can accommodate about 150 spectators. Spectators should sit in the designated bleacher seating area on the far side of the pool; disabled spectators will be accommodated on the near side.

Parking: Swim meet parking is available in the Zane State Campus lot west of the MCFY. Meet participants/spectators must NOT park in the MCFY Member Lot located across from the facility's front doors.

Other:

- Expect a crowded and warm pool deck.
- We have a three-hour time limit. Swimmers are expected to be behind the blocks and ready to go for their events.

- Cell phones + other media recording devices are prohibited in all locker rooms, rest rooms, and behind the starting blocks.
- The activity pool and locker room steam rooms/saunas are not for use by meet participants during meets.
- Teams will be assigned seating areas in the bleachers, on deck or in a camp studio. Teams and swimmers should not sit with spectators in the designated spectator areas. Swimmers must stow ALL bags/gear in their team area.
- Concessions may be available. Self-serve vending is available. Food is NOT permitted in the natatorium.
- Teams must clean up their team area after the meet.
- Meet will not be livestreamed.

Inclement Weather Policy: The meet will be canceled in the event of a Level 2 Snow Emergency in Muskingum County.

Questions: Contact Christi Holmes, Tri-Valley Head Coach, at 740.565.0985 or scottieswimcoach@yahoo.com.