

T&A Spooktacular

October 24-25, 2026

–25 Short Course Yard Event–

LOCATION

Pool:

Capitol Federal Natatorium
530 SW Tuffy Kellogg Dr
Topeka, KS 66606

Directions: From I-70 take the MacVicar Exit. Go south on MacVicar to 6th Ave. and turn right (west). Take 6th Ave. about ¼ mile and turn right on Sw Tuffy Kellogg Dr. The pool is on the corner of 6th and Tuffy Kellogg Dr.

OFFICIALS:

Meet Director:	Chris Appuhn	785-250-8386	
Entries Chair:	Jordan Nutter	620-481-7838	entries@swimtsa.com
Meet Referee:	Richard Allen	406-208-2869	mstrgunner@gmail.com
Admin Official:	Tara Madinger		

Facilities

Competition Pool:

8 lane 25 yards pool with moveable bulkhead, KDI Paragon Long Reach Competitor starting blocks, Keifer non-turbulent lane lines and Colorado Timing system, with graphics scoreboard. Water depth is 13 feet (start) to 5 feet at bulkhead (turn) end. The competition course has been certified in accordance with 104.2.2C(4). A copy of this certification is on file with USA Swimming

Warm-up Pool:

10 lanes of shallow end warmup and warm down are available on the east end of the pool. No jumping or diving allowed. No equipment allowed in warmups or warmup pools.

Pool Guidelines:

- Competition courses have been certified in accordance with 104.2.2C. A copy of the certification is on file with USA Swimming.
- Volunteer timing positions will be assigned to participating teams according to the number of athletes attending from visiting teams.
- For audience and athlete safety, Swimmers are not allowed in the tall bleachers on the north side of the pool during competition.
- Team seating areas are offered on the South side of the facility. Only Athletes and coaches are allowed in Team seating areas.

Medical

The facility has an AED and standard first aid kit on site. Lifeguards will be available for an emergency situation and emergency response is on standby if required.

MVS SANCTION:

Held under the Sanction of Missouri Valley Swimming, Inc., on behalf of USA Swimming, Inc., Sanction Number MV-26-88

QUALIFICATIONS

Eligibility:

All athletes must be 2026/27 registered athlete members of USA Swimming.

- Age on the first day of the meet, Oct 24, 2026, shall determine the swimmers age for the meet.
- Athletes 18 and over must have completed USA Swimming APT.
- Registration and validity of all athletes will be verified by the MVSL Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet.
- Teams will be fined \$100 for every unregistered swimmer.

ENTRIES

Entry deadline

- Entries will Not be accepted before noon on SEPT 28,2026
- Entry **deadline** is 8 PM CST Oct 16, 2026
- Send entries via email: Jordan Nutter, entries@swimtsa.com

Entry Fees : checks made out to: Topeka Swim association.

- Individual entries: \$7
- Relay entries: \$14
- Athletes surcharge: \$15
- Deck/late entries: \$14/\$28

Entry rules:

- Max Entries: **Am events - 4 events Saturday and 4 events Sunday. Pm distance max entries - 2 events Saturday.** Max events may be altered in order to adhere to the 4hr rule, teams will be notified prior to start of meet if max number of events must be adjusted.
- All times entered in SCY,
- Entries will be accepted in the order they are received. Max # of entries subject to entry limitations determined by Topeka Swim Association and the meet Referee/Admin. Teams will be notified as soon as possible if entries are rejected.
- Deck and late entries are accepted at the discretion of the Referee.
 - Deck entries must be USA Swimming registered (proven) athletes.
 - Deck entries must be already entered in the meet.
 - Deck entries may NOT cause the athlete to exceed the max # of events allowed.
 - Deck countries will not add an additional heat to an event.

Disabled athletes: Athletes with disabilities are welcomed. These athletes shall provide advanced notice of needed accommodations to the meet Referee and Meet Director. The athlete or coaches are responsible for notifying the referee of any requested accommodations and any disability athletes prior to the start of competition.

MEET INFORMATION

Course: Short Course Yards (SCY)

Format:

- Mixed Age Group, Timed Finals
- 1000 and 1650 free limited to two heats each, must have provable SCY time for entry.
- All AM Events are pre-seeded. Positive check in for the Saturday afternoon distance session will be required.

Seeding: This meet will be pre-seeded except for the Saturday distance session. All distance events will require positive check in. At the discretion of the meet referee, in consultation with the meet administrative official, failure to check in may result in the swimmer being removed from the event. Positive check in is due thirty minutes after the start of Saturday Pm Warmups.

Scoring and awards:

Awards given as follows:

- Ribbons will be awarded for individual events only, 1-8th for age groups; 10U, 11-12, 13-14, 15O

WARM-UPS

General guidelines:

- Swimmers may not dive into any pool during general warm-up. (Except during designated dive times)
- Swimmers must enter in a cautious manner using 3-points of contact (one hand in contact with edge, block or deck on right side of lane) stepping feet first, or sitting and sliding in is encouraged. (Except when lane is designated as sprints) Entering in any other manner may result in the disqualification from one or more of the swimmer's events for the session at the discretion of the Meet Referee.
- No equipment is allowed in warm up pools or competition pools during the event.
- At any time during general warm-ups, the coach of a team in control of any lane may convert the team's lane to diving.
- The Host team reserves the right to adjust warm-ups based on the session entries. Lane assignments for both warm ups and lane timing assignments will be sent to teams 48 to 72 hours prior to meet start.

Warmup schedule:

Session	Warmups	Start
Saturday/Sunday AM (prelims)	8am	9:15am
Saturday afternoon (distance)	30 mins after the end of the AM session	TBA

RULES

ALL requirements of USA Swimming Corporate Bylaws 2.6 shall be met.

Coaches - Current(2027) USA Swimming credentials are required to be on deck, and must be presented (when requested) for entry onto the pool decks. Coaches must be in good standing with all safety certifications and background check requirements. Any athlete not represented by a coach must see the referee prior to the beginning of warm ups for a host coaching assignment.

Officials- Topeka Swim Association welcomes any visiting officials who would like to officiate. Any interested person should contact the Meet Referee. Officials must be 2026/27 registered members of USA Swimming and shall be currently certified. The officials meeting will be held 60 minutes prior to the beginning of each session. Meeting located in the hospitality room west of the main entrance in the facility. Please contact Richard Allen, rallen@wattsandassociates.com The uniform for officials is white polo shirt, blue trousers, shorts, skorts, or skirts, black belt (if worn), white socks and white shoes. Officials must present their credentials upon request upon signing the roster in the hospitality room. All Officials and Coaches MUST be current and up to date as of meet date including the AO and meet director.

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General:

- Current USA Swimming Rules, and Missouri Valley Swimming Rules will govern the meet.
- Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SAFE SPORT COMPLIANCE

All adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

The following USA Swimming rules are in place at our facility. Any noncompliance in the following behaviors are prohibited and may, at the discretion of the Referee, result in removal from the meet.

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- Deck changing is prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- NO cameras, including cell phones, or other recording devices are allowed behind the blocks at any time
- Bullying or taunting are not allowed and may warrant removal from the facility.
- Flyover starts may be used to ensure the meet sessions are completed in a timely manner, 'no recall' start procedure rule will be in effect.

It is understood and agreed that USA Swimming and Topeka Swim Association. Inc., shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

GENERAL INFORMATION

Concessions: A limited concession stand will be available for the purchase of snacks and drinks. Limited Swim Gear for sale also available at concessions.

Heatsheets: Posted on deck for swimmers only, Meet mobile utilized for this event.

Timers: Timing assignments will be sent to participating teams based on the number of athletes representing that team in the session.

Results: Will be posted in the lobby during the sessions and emailed to the teams at the conclusion of the meet. Final results will be posted on the Missouri Valley LSC website and may include the swimmer's name, age and times.

Order of Events:

Session 1: Saturday – Short Course yards

Warm-up: 8 am

Meet Start: 9:15 am

Event Number	Event
1	Girls Open 100 Free
2	Boys Open 100 Free
3	Open Mixed 50 Breast
4	Open Mixed 200 Breast
5	Girls Open 100 Fly
6	Boys Open 100 Fly
7	Open Mixed 50 Back
8	Open Mixed 200 Back
9	Open Mixed 400 Free Relay

Session 2: Saturday. Distance events*. 13 and Older session only.

Warm-up: 30 min after the conclusion of prior session, Not before 11 am

Meet Start: 1hr after the start of warmups.

Event Number	Event
10	Girls 13O 500 Free
11	Boys 13O 500 Free
12	Mixed 13O 400 IM
13**	Girls 13O 1000 Free***
14**	Boys 13O 1000 Free***
15**	Open 13O 1650 Free***

Swimmers must provide their own timers for all distance events.*** 1000 and 1650 events** must enter time and event is limited to two heats only.***** 1000 and 1650 events; swimmers must provide their own counters.**

Session 3: Sunday– short Course yards

Warm-up: 8 am

Meet Start: 9:15 am

Event Number	Event
16	Open Mixed 400 Medley Relay
17	Girls Open 200 Free
18	Boys Open 200 Free

19	Open Mixed 50 Fly
20	Open Mixed 200 Fly
21	Girls Open 100 Breast
22	Boys Open 100 Breast
23	Open Mixed 50 Free
24	Open Mixed 200 IM
25	Girls Open 100 Back
26	Boys Open 100 Back