

2026 ECHS @ HHS - 4/23/2026

Results

Event 3 Girls 200 Yard Medley Relay Varsity

Team	Relay	Finals Time
1 ECHS	A	2:04.62
1) de Hart, Ellie 17	2) Berliner, Miki 18	
3) Lasmanis, Calliope 15	4) Ritter, Stella 15	
2 ECHS	B	2:30.16
1) Ford, Tallulah M 14	2) Chen, Juliet 16	
3) Taniguchi, Samantha 18	4) Luna, Ava J 17	
3 HERC-PC	A	2:34.67
1) Castro, Julia 15	2) Pinpin, Jillian	
3) Legarte, Addison Hope 15	4) Chen, Melody 16	

Event 4 Boys 200 Yard Medley Relay Varsity

Team	Relay	Finals Time
1 HERC-PC	A	1:50.04
1) Sandhu, Kabir	2) Picache, Kai 17	
3) Malonzo, Jacob	4) Feraren, Xavier	
2 HERC-PC	B	2:12.65
1) Manaoat, Shane 15	2) Mendoza, Roshan 14	
3) Gordon, Devin 15	4) Manandhar, Pratyush 15	
3 HERC-PC	C	x2:28.02
1) Ali, Azhar 18	2) Castro, Israel 17	
3) Andres, Dillon 18	4) Malbas, Matthew 18	

Event 7 Girls 200 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 de Hart, Ellie	17 ECHS	2:03.16
2 Abughosh, Jenna	18 HERC-PC	2:05.06
3 Power, Georgia	18 ECHS	2:35.39

Event 8 Boys 200 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Malonzo, Jacob	HERC-PC	2:17.48
2 Smith, Trace	17 ECHS	2:25.09
3 Gordon, Devin	15 HERC-PC	2:26.96
4 Burnham, Westley H	16 ECHS	2:47.26
5 Ali, Azhar	18 HERC-PC	3:02.47

Event 9 Girls 100 Yard IM Junior Varsity

Name	AgeSchool	Finals Time
1 Gelbard, Sonora	16 ECHS	1:41.15

Event 11 Girls 200 Yard IM Varsity

Name	AgeSchool	Finals Time
1 Ritter, Stella	15 ECHS	2:21.44
2 Bauer, Hollyce	17 ECHS	2:46.04
3 Chen, Juliet	16 ECHS	2:51.47
4 Legarte, Addison Hope	15 HERC-PC	3:06.56
5 Sumii, Itsuka	16 ECHS	x3:27.08

Event 12 Boys 200 Yard IM Varsity

Name	AgeSchool	Finals Time
1 Sandhu, Kabir	HERC-PC	2:15.63
2 Garcia, Gabriel	15 ECHS	2:22.75
3 Manaoat, Shane	15 HERC-PC	2:30.23
--- Castle, Diego K	14 ECHS	NS

Event 14 Boys 50 Yard Freestyle Junior Varsity

Name	AgeSchool	Finals Time
1 Makthepharack, Shoghan	14 ECHS	49.31

Event 15 Girls 50 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Lasmanis, Calliope	15 ECHS	28.92
2 Martinez, Nicole	16 DAHS-PC	30.44
3 Luna, Ava J	17 ECHS	31.15
4 Pinpin, Jillian	HERC-PC	31.53
5 Chen, Melody	16 HERC-PC	32.75
6 Taniguchi, Samantha	18 ECHS	35.17

Event 16 Boys 50 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Picache, Kai	17 HERC-PC	24.61
2 Feraren, Xavier	HERC-PC	26.48
3 Rocher, Ethan S	17 ECHS	27.37
4 Houser, Alden	18 ECHS	28.60
5 Manandhar, Pratyush	15 HERC-PC	29.72
6 Johnson, Cooper	18 ECHS	30.46
7 Malbas, Matthew	18 HERC-PC	x34.82
--- Castro, Israel	17 HERC-PC	NS

Event 17 Girls 50 Yard Butterfly Junior Varsity

Name	AgeSchool	Finals Time
1 McGarry, Dylan M	16 ECHS	43.61

Event 19 Girls 100 Yard Butterfly Varsity

Name	AgeSchool	Finals Time
1 Lasmanis, Calliope	15 ECHS	1:15.88
2 Power, Georgia	18 ECHS	1:24.83
3 Taniguchi, Samantha	18 ECHS	1:33.80
4 Legarte, Addison Hope	15 HERC-PC	1:37.37

Event 20 Boys 100 Yard Butterfly Varsity

Name	AgeSchool	Finals Time
1 Malonzo, Jacob	HERC-PC	1:08.76
2 Mendoza, Roshan	14 HERC-PC	1:11.86
3 Gordon, Devin	15 HERC-PC	1:20.78
--- Smith, Trace	17 ECHS	NS

Event 23 Girls 100 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Ritter, Stella	15 ECHS	57.08
2 Bauer, Hollyce	17 ECHS	1:05.15
3 Martinez, Nicole	16 DAHS-PC	1:06.47
4 Berliner, Miki	18 ECHS	1:09.06
5 Castro, Julia	15 HERC-PC	1:20.29
6 Rogelio-Moreno, Danyelle	HERC-PC	1:34.88

Event 24 Boys 100 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Manaoat, Shane	15 HERC-PC	59.40
2 Arteaga, Rafa	KHS-PC	1:02.55
3 Andres, Dillon	18 HERC-PC	1:06.46
4 Makthepharack, Loghan	16 ECHS	1:08.11
5 Burnham, Westley H	16 ECHS	1:17.49
6 Ali, Azhar	18 HERC-PC	1:21.69
7 Malbas, Matthew	18 HERC-PC	x1:28.72

Event 25 Girls 200 Yard Freestyle Junior Varsity

Name	AgeSchool	Finals Time
1 McGarry, Dylan M	16 ECHS	3:00.75

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Event 27 Girls 500 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Luna, Ava J	17 ECHS	6:52.55
2 Ford, Tallulah M	14 ECHS	7:47.39

Event 28 Boys 500 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Garcia, Gabriel	15 ECHS	5:54.60
2 Manandhar, Pratyush	15 HERC-PC	6:19.65
3 Rocher, Ethan S	17 ECHS	6:43.01

Event 30 Boys 50 Yard Breaststroke Junior Varsity

Name	AgeSchool	Finals Time
1 Makthepharack, Shoghan	14 ECHS	1:16.58

Event 31 Girls 200 Yard Freestyle Relay Varsity

Team	Relay	Finals Time
1 ECHS	A	1:54.89
1) Berliner, Miki 18	2) Bauer, Hollyce 17	
3) de Hart, Ellie 17	4) Ritter, Stella 15	
2 HERC-PC	A	2:04.16
1) Pinpin, Jillian	2) Legarte, Addison Hope 15	
3) Chen, Melody 16	4) Abughosh, Jenna 18	
3 ECHS	B	2:15.19
1) Power, Georgia 18	2) Taniguchi, Samantha 18	
3) Sumii, Itsuka 16	4) Luna, Ava J 17	

Event 32 Boys 200 Yard Freestyle Relay Varsity

Team	Relay	Finals Time
1 HERC-PC	A	1:40.73
1) Sandhu, Kabir	2) Malonzo, Jacob	
3) Manaoat, Shane 15	4) Picache, Kai 17	
2 ECHS	A	1:49.76
1) Houser, Alden 18	2) Rocher, Ethan S 17	
3) Smith, Trace 17	4) Garcia, Gabriel 15	
--- ECHS	B	NS
1) Burnham, Westley H 16	2) Makthepharack, Loghan 16	
3) Castle, Diego K 14	4) Johnson, Cooper 18	
--- HERC-PC	B	NS
1) Andres, Dillon 18	2) Ali, Azhar 18	
3) Malbas, Matthew 18	4) Castro, Israel 17	

Event 35 Girls 100 Yard Backstroke Varsity

Name	AgeSchool	Finals Time
1 de Hart, Ellie	17 ECHS	1:04.63
2 Ford, Tallulah M	14 ECHS	1:36.74
3 Castro, Julia	15 HERC-PC	1:39.52
4 Rogelio-Moreno, Danyelle	HERC-PC	1:53.31

Event 36 Boys 100 Yard Backstroke Varsity

Name	AgeSchool	Finals Time
1 Sandhu, Kabir	HERC-PC	1:02.62
2 Mendoza, Roshan	14 HERC-PC	1:14.32
3 Arteaga, Rafa	KHS-PC	1:19.03
4 Andres, Dillon	18 HERC-PC	1:22.72
5 Makthepharack, Loghan	16 ECHS	1:35.99

Event 37 Girls 100 Yard Breaststroke Junior Varsity

Name	AgeSchool	Finals Time
1 Gelbard, Sonora	16 ECHS	1:56.17

Event 39 Girls 100 Yard Breaststroke Varsity

Name	AgeSchool	Finals Time
1 Abughosh, Jenna	18 HERC-PC	1:14.94
2 Berliner, Miki	18 ECHS	1:16.40
3 Chen, Juliet	16 ECHS	1:23.26
4 Pinpin, Jillian	HERC-PC	1:30.82
5 Chen, Melody	16 HERC-PC	1:39.91

Event 40 Boys 100 Yard Breaststroke Varsity

Name	AgeSchool	Finals Time
1 Picache, Kai	17 HERC-PC	1:07.13
2 Feraren, Xavier	HERC-PC	1:14.50
3 Johnson, Cooper	18 ECHS	1:21.68
--- Castle, Diego K	14 ECHS	NS
--- Castro, Israel	17 HERC-PC	NS

Event 43 Girls 400 Yard Freestyle Relay Varsity

Team	Relay	Finals Time
1 ECHS	A	4:32.09
1) Lasmanis, Calliope 15	2) Power, Georgia 18	
3) Chen, Juliet 16	4) Bauer, Hollyce 17	
--- HERC-PC	A	X4:58.75
1) Castro, Julia 15	2) Rogelio-Moreno, Danyelle	
3) Abughosh, Jenna 18		

Event 44 Boys 400 Yard Freestyle Relay Varsity

Team	Relay	Finals Time
1 HERC-PC	A	4:15.67
1) Mendoza, Roshan 14	2) Manandhar, Pratyush 15	
3) Gordon, Devin 15	4) Feraren, Xavier	
2 ECHS	A	4:19.12
1) Rocher, Ethan S 17	2) Smith, Trace 17	
3) Burnham, Westley H 16	4) Makthepharack, Loghan 16	

Combined Team Scores

Combined Team Scores - Varsity - Through Event 44	
1. El Cerrito High School Swim Te	152
2. Hercules High School	138
3. Kennedy High School	7
3. De Anza High School	7

Scores - Women

Women - Varsity - Team Rankings - Through Event 44	
1. El Cerrito High School Swim Te	113
2. Hercules High School	32
3. De Anza High School	7

Scores - Men

Men - Varsity - Team Rankings - Through Event 44	
1. Hercules High School	106
2. El Cerrito High School Swim Te	39
3. Kennedy High School	7

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Combined Team Scores

Combined Team Scores - Junior Varsity - Through Event 44	
1. El Cerrito High School Swim Te	36

Scores - Women

Women - Junior Varsity - Team Rankings - Through Event 44	
1. El Cerrito High School Swim Te	24

Scores - Men

Men - Junior Varsity - Team Rankings - Through Event 44	
1. El Cerrito High School Swim Te	12