

Pugsley's Plunge

January 16-18, 2026



Sanction #: Pending

Hosted by: The Calgary Patriots Swim Club

Brookfield Residential YMCA at Seton

4995 Market Street SE, Calgary AB T3M 2P9

1x25m 10 lane competition pool with additional cool down space

Advisory Referee: Iris Jackson

Meet Management: Brent Ford & Shaun Phillips

meet_management@calgarypatriots.com

Entries: Erin Cameron

entries@calgarypatriots.com

Officials Coordinator: Nadine Sauder & Rebecca Broadley officials@calgarypatriots.com

ELIGIBILITY

This multi-club competition is open to swimmers currently registered with Swimming Canada or a World Aquatics affiliated club. Entries will be limited to a maximum of 500 swimmers with a minimum 250 swimmers required to proceed with the meet. In case of over subscription, preference will be given to clubs competing on all days. Meet Management reserves the right to modify the minimum and maximum number of entries as required.

KEY DATES

Entry Deadline: Friday, December 19th, 2025

Scratch Deadline: Friday, January 9th, 2026

Fees Due: Friday, January 16th, 2026

SCHEDULE

Friday, January 16th: Warm-up 3:00-3:55pm, Start at 4:00pm

Saturday, January 17th: Warm-up 8:00-8:55am, Start at 9:00am

Warm-up 3:00-3:55pm, Start at 4:00pm

Sunday, January 18th: Warm-up 8:00-8:55am, Start at 9:00am

FRIDAY, JANUARY 16 th Session #1	SATURDAY, JANUARY 17 th Session #2	SATURDAY, JANUARY 17 th Session #3	SUNDAY, JANUARY 18 th Session #4
50 BACK	200 IM	100 FREE	200 FLY
100 FLY	50 FREE	200 BREAST	100 BACK
50 BREAST	200 BACK	50 FLY	200 FREE
400 FREE	100 BREAST	400 IM	100 IM
	4 x 50 MEDLEY RELAY		4 x 50 FREE RELAY

ENTRY INFORMATION

ENTRIES

- Each swimmer is limited to a total of 8 individual events, maximum 2 per session.
- All entries must be made using Hy-Tek and submitted through the Swimming Canada online system (www.swimming.ca) before the entry deadline.
- Entries with no time (NT) will not be accepted.
- Deck entries will be accepted up to 45 minutes prior to the start of each session and will be accepted provided that extra heats are not created. Deck entries are limited to swimmers who have registered for the competition through the Swimming Canada online system. *Deck entries will be considered exhibition swims and will not be scored. Payment for deck entries must be provided at the time of request.
- Meet management reserves the right to modify the meet program to allow for the maximum number of swims within the time allotted as per Swim Alberta's session guidelines. Coaches will be advised of any changes to the program via email. Qualifying times may be imposed if longer events are oversubscribed.

AGE GROUPS

For 200m events and/or less

Female: 10 & under, 11, 12, 13, 14, 15&O

Male: 10 & under, 11, 12, 13, 14, 15&O

For 400m events

Female: 12 & under, 13 & over

Male: 12 & under, 13 & over

Relays: 10 & under, 11&12, 13&14, 15&O for all

**Swimmers age will be determined as of the first day of the meet.*

FEES

Individual: \$16.00

Relay: \$25.00

Deck Entry: \$25.00

Invoices will be sent after the Scratch deadline. E-transfers are preferred and can be sent to office@calgarypatriots.com. Cheques should be made payable to Calgary Patriots Swim Club (2225 Macleod Trail South, Calgary, AB. T2G 5B6).

ENTRY DEADLINE

Entries due by 5:00 PM on Friday, December 19th, 2025. The meet historically fills before the entry deadline so please send entries early to avoid disappointment. Coaches are encouraged to check in with meet management early to confirm commitment space available.

SCRATCH DEADLINE

- Scratch deadline: 5:00 p.m. on Friday, January 9th, 2026.
- Day of scratches will be accepted up to 30 minutes prior to the start of the session.
- The Swim Alberta scratch rule will be in effect for this competition.
- Refunds will not be provided for scratches received after the scratch deadline.

MEET GUIDELINES

SAFE SPORT

- All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

MEET RULES

- The meet will be conducted under published World Aquatics and/or World Para Swimming rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.
- SNC Warm Up procedures will be in effect at this meet.
- The Swim Alberta scratch rule will be in effect for this competition.
- Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Facility Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1.
- Competition and Diving Readiness Standards - Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.
- All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

PHOTOGRAPHY/VIDEOGRAPHY

To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. The full details on the Event Photography and Videography Procedure can be found [HERE](#)

FORMAT

- All sessions will consist of timed finals for all age groups.
- All timed finals will be swum slowest to fastest.
- Adjacent warm-up/cool down lanes will be provided during all sessions.

RESULTS & AWARDS

- Official results will be posted on the Swim Canada website.
- Awards will be given to the top 3 swimmers in each event, in each age category and the top team in each relay event.

HOSPITALITY

Hospitality will be provided throughout the sessions to officials and coaching staff. To reduce waste, individuals are asked to supply their own reusable coffee mugs and water bottles.

OFFICIALS

The Calgary Patriots encourage officials from participating clubs to volunteer throughout the weekend. Officials wishing to sign-up, may contact Nadine at officials@calgarypatriots.com. All change rooms and shower are open for use. Officials and Volunteers are encouraged to bring a lock and keep personal items in the change room, not the officials/food room.