Straehle Warm Up Schedule:

7:00am-7:20am

Warm Up Pool (with slide/diving board):	Competition Pool:
Lane 1: WW	Lane 1: SA
Lane 2: AND	Lane 2: SA
Lane 3: AND	Lane 3: Diving/sprint lane only
Lane 4: GBP/TRST	Lane 4: Diving/sprint lane only
Lane 5: CA	Lane 5: SHC
Lane 6: WCSC	Lane 6: SHC/CR

7:20am-7:40am

Warm Up Pool (with slide/diving board):	Competition Pool:
Lane 1: RW	Lane 1: CVST
Lane 2: RW/FO	Lane 2: ALT/CVST
Lane 3: BH/HH	Lane 3: Diving/sprint lane only
Lane 4: CCC	Lane 4: Diving/sprint lane only
Lane 5: ROR	Lane 5: WM
Lane 6: PO/NJ	Lane 6: WM

7:40am-8:00am

Warm-Up Pool (with Slide/Diving Board):	Competition Pool:
Lane 1: TV/WV	Lane 1: BJCCS
Lane 2: PAD	Lane 2: SPD/BJCCS
Lane 3: WAW	Lane 3: Diving/sprint lane only
Lane 4: WAW	Lane 4: Diving/sprint lane only
Lane 5: MBK	Lane 5: ML
Lane 6: MBK/MCSC	Lane 6: ML

8:00am-8:20am

Warm-Up Pool (with Slide/Diving Board):	Competition Pool:
Lane 1: FH	Lane 1: DUL
Lane 2: FH	Lane 2: DUL
Lane 3: NSJ	Lane 3: Diving/sprint lane only
Lane 4: NSJ	Lane 4: Diving/sprint lane only
Lane 5: HP	Lane 5: SPL
Lane 6: HP	Lane 6: SPL

8:20am-8:40am

Warm-Up Pool (with Slide/Diving Board):	Competition Pool:
Lane 1: NSC	Lane 1: WST
Lane 2: CSC/SL	Lane 2: WST
Lane 3: FR/WRC	Lane 3: Diving/sprint lane only
Lane 4: WH	Lane 4: Diving/sprint lane only
Lane 5: SH	Lane 5: SC
Lane 6: SH	Lane 6: SC