

GPSC DEADLY DISTANCE



OCTOBER 17-18, 2026

Host: Great Plains Swim Club

Location: Campus High School (Glenn Crum Natatorium)
2100 W 55th St S, Wichita, KS 67217

Sanction: Held under the Sanction of Missouri Valley Swimming Inc. on behalf of USA Swimming Inc.,
MV-26-83

It is understood and agreed that USA Swimming and Missouri Valley Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

Facility: The pool is a 25-yard, 8-lane pool. The timing system to be used is Colorado Timing Systems (Version 5) with touch pads at the north end of the pool. Pool depth at the start end is 6' 0". Pool depth at the turn end is 5' 0". The competition course has not been certified in accordance with 104.2.2C(4).

The facility has an AED and standard first aid kit on site. While not on site, EMS is available if needed.

Type of Meet: Timed finals for age group and senior swimmers.

Eligibility: All swimmers must be registered athlete members of USA Swimming. The age of the swimmer as of the first day of the meet will determine his/her age for the entire meet. Swimmer's registration numbers must appear on the entry form. No entries will be accepted unless the entrant is registered in accordance with the rules of the meet. Athletes with disability are welcome and shall provide advance notice of desired accommodations to the meet director.

Seeding: Seeding slowest to fastest.

Entries: Each swimmer is limited to 3 individual events and one relay in the Saturday sessions and 1 individual event in the open Sunday morning session.

Age is determined by the swimmer's age on the first day of the meet.

All entries must include the swimmer's 2026 USA Swimming number. Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry Deadline: October 9, 2026 by 11:59 PM

Teams are encouraged to send their entries generated by Hy-Tek Team Manager via email. Indicate actual best times in short course yards only for the events the swimmer wishes to enter. Non-conforming times will be seeded last.

Entry Chair: Email all entries to gpsc.coach@gmail.com

Fees: Swimmer Surcharge \$10
Individual event fee \$7
Relay fee \$14

Deck Entries are permitted and will be accepted in the order received to the extent that open lanes are available. No additional heats will be added. Deck Entries are \$10 for individuals and \$16 for relay events, due at the time of entry submission. An athlete may be deck entered into an event provided that:

- They are a USA Swimming registered athlete and can prove it.
- They have already entered the meet.
- They have not exceeded the maximum entry limit for the day.
- No additional heats are added as a result of the deck entry.

Make checks payable to: Great Plains Swim Club. Payment is due at the time of the meet.

Meet Rules: 2026 USA Swimming Rules & Regulations and Missouri Valley Swimming Rules will govern the meet. The MVS Safety guidelines and warm-up procedures will be in effect. MVS Scratch Rule will apply. Individuals acting in a coaching capacity must have their current USA coach membership cards displayed at all times. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy, will govern this meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. All adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy, and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Meet Referee: Kevin Rogg, roggkevin@gmail.com

AQ: Heath Glasscock and James Merritt

Safety Marshal: With assistance from Great Plains Swim Club

Stroke & Turn: All USA Swimming Officials are needed and encouraged to volunteer. We need and appreciate help from qualified USAS Stroke and Turn judges. Officials will have a meeting one hour prior to the session start.

Warm Ups:

Warmup assignments will be emailed to teams prior to the start of the meet.

AM Session warm ups starts at 8:00 AM.

PM Session Warmup not before 1:00PM, meet start not before 2:00 PM.

All swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool edge or block or deck on the right side of the lane during warm-ups and warm-downs, except when a lane is specifically designated for starts (sprint or pace lanes).

Coaches: Coaches must be able to prove to the satisfaction of the referee, that they hold a current USA Swimming coach membership.

Final Results: Final results will be sent to each team representative. Final results will be posted on the Missouri Valley Swimming website and may include the swimmer's name, age and times.

Awards: First through third place ribbons for 12 U boys and girls in age groups 8 and under, 9-10, 11-12 in each event. First through third place trophies for the high point winners in 13-14 and 15-18 for boys and girls. Adult athletes are welcome and encouraged to enter, but are not eligible for awards.

Saturday AM		
Girls	Event	Boys
1	12U 400 Free Relay (Mixed)	
2	10U 100 Fly	3
4	9-12 200 Fly	5
6	10U 100 Back	7
8	9-12 200 Back	9
10	12U 200 Free	11
12	10U 100 Breast	13
14	9-12 200 Breast	15
16	10U 100 Free	17
18	9-12 500 Free	19
Saturday PM		
Girls	Event	Boys
20	13+ 800 Free Relay (Mixed)	
21	13+ 200 Fly	22
23	13+ 200 Back	24
25	13+ 500 Free	26
27	13+ 200 Breast	28
29	13+ 200 Free	30
31	13+ 1,650 Free	32
Sunday AM		
Girls	Event	Boys
33	Open 400 IM	34
35	Open 1,000 Free	36