



Ponderosa Post

Newsletter #7



REMINDER!

**Team Spirit Night is this week,
July 12th @Raising Canes.**

SAVE THE DATE!



**Team Photographs are June 17th
@Campbell MS from 7-8pm.**

RSVP For Meets!

We must know ahead of time if you
have a schedule conflict!

**Declare your attendance for the June 13th
Meet by June 8th.**



Upcoming Events

- ~~Time Trials @ Campbell MS: April 29 & May 1st~~
 - ~~Meet #1 @ Ravenway May 9th~~
 - ~~Meet #2 @ Enchanted Valley May 16th~~
 - ~~Meet #3 @ Cutton Green May 23th~~
 - ~~Meet #4 @ Bridgestone May 30st~~
 - ~~Meet #5 @ Chimney Hill June 6th~~
 - Team Spirit June 12th: 5-7pm @Raising Canes. See Page 2.**
 - Picture Day June 17th: 7-8pm @Campbell. See Page 3. **Wear Team Shirts!**
 - Team Fun Day June 18th: Fun races & games @Campbell MS.
- Mandatory Meets:**
- Divisionals @ Enchanted Valley June 13th**
 - PONDEROSA INVITATIONAL June 20 & 21**



Practice Schedule

MON 6/8	TUES 6/9	WED 6/10	THUR 6/11	FRI 6/12
BLUE 5:00 - 6:30 WHITE 5:00 - 6:15 BLACK 6:15 - 7:00 ORANGE 6:15 - 7:00	BLUE 5:00 - 6:30 WHITE 5:00 - 6:15 BLACK 6:15 - 7:00 ORANGE 6:30 - 7:00	BLUE 5:00 - 6:30 WHITE 5:00 - 6:15 BLACK 6:15 - 7:00 ORANGE 6:15 - 7:00	BLUE 5:00 - 6:30 WHITE 5:00 - 6:15 BLACK 6:15 - 7:00 ORANGE 6:30 - 7:00	NO PRACTICE TEAM SPIRIT NIGHT @RAISING CANES 

PIRANHA LEADERBOARD

Sprint Sizzler Invitational

Great Job at Sprint Sizzler Piranhas! Here are your meet results!

[Sizzler Results](#)



P.I. Qualifiers!

- Baranau, Dzmitry
 - 50 Brst, 50 Bk, 50 Fr, 50 Fly, 100 IM
- Duong, Kaiden
 - 25 Bk, 100 IM, 25 Brst
- Duong, Natalye
 - 50 Fr, 50 Brst, 100 IM, 100 Fr, 50 Bk, 50 Fly
- Sloan, Elliot
 - 50 Fr, 50 Bk
- Sloan, Everly
 - 50 Bk, 100 IM, 50 Fr, 50 Fly

P.I. Bonus Cuts Qualifiers!

- None right now! Check back next week!



Think You May Have Qualified?
[Check The Latest Meet Results Here!](#)



Team Spirit Night



Ponderosa
SPIRIT NIGHT

JUNE 12
5-7PM

PLEASE BRING POSTER MAKING SUPPLIES!
JOIN US FOR A FUN NIGHT BEFORE DIVISIONALS!

1960 and N. Eldridge location

Raising Cane's
CHICKEN FINGERS

Join us at Raising Cane's for our Team Spirit Night! Come have dinner with us and make some Team Spirit Posters for Divisionals!

The team will provide limited poster making supplies. Be sure to bring some for you own posters!

We'll be there Friday, June 12 from 5:00pm to 7:00pm.

EAT MY BUBBLES!

See you there!

PACK ATTACK!!!

CLICK ME

SEASON CHAMPIONSHIP

NWAL'S BEST FOR 55 YEARS



Ponderosa Invitational

Date: June 20-21

Deadline to Qualify: June 14

Where: [Cy Fair Nat.](#)



Entries

- \$12.50 per individual event
- \$18 per relay

How to Participate

- First meet the qualifying [time standards](#).
- Then email [Coach Cameron](#) by June 14.

Team Pictures by - Lindy Grubbs: Photography & Videography

Services Include:

- Wedding Photography & Videography
- Engagements & Couples Sessions
- Prom & Graduation Portraits
- Baby Showers & Gender Reveals
- Special Occasions

*Professionally edited with Adobe
Lightroom & Premiere*



“Let me turn your special moments into beautiful, lasting memories — weddings, your child’s prom or graduation, gender reveals, or couples sessions.”

Ready to book? Reach out today!

Houston Area Photographer

Team Pictures Scheduled June 17th, Campbell MS, 7-8pm



832-314-8991



lindygrubbs03@gmail.com



SATURDAY JUNE 13 PFST VS DIVISIONALS

Location

CLICK ME

14910 Enchanted Valley
Dr., Cypress, TX 77429

Parking

Follow instructions of
host team volunteers
upon arriving.

Team Set Up

Follow instructions of
host team volunteers
upon arriving.

Warm Ups

- Visitor Warm-Ups are 7:30 to 8:00
- DO NOT arrive before 6:30
- SHOW UP 7:00 - 7:15



Tiger Sharks

