

Coach Parks Timeline for AISD Invitational / Angleton Surfside Splash

Angleton Surfside Splash Packing List:

- sack lunch for bus trip to Angleton (not lunch money)
- money or a card for dinner on ride home (not an included meal)
- refillable bottle
 - 1). Only bulk gatorade this trip (no bottles)
 - 2). Limited water bottles per person provided (disposable)
- swimsuit
 - 1). Team suit or any black/blue suit ideally
 - 2). No club team suits allowed at competition (Disqualification)
 - 3). Personal preference on if you need a 2nd suit for beach (not really "necessary in my mind")
- goggles
- LASA cap (s)
 - 1). Bring all the caps you have at home
 - 2). Most new members got caps at Kick-Off or in gear
- Team Bag with your Season Name Tag ON IT
- Team Parka
 - 1). Kept in bag at all times during trip unless wearing it
 - 2). All bags should be kept zipped and closed at ALL times
 - 3). The privilege of team gear will be taken away from athletes not following instructions
- Towel
 - 1). You will need at least one towel
 - 2). Factor in a towel needed for your swimsuit(s) after beach
- Casual clothing / Team Swag (team t-shirts / LASA branding shirts / PJs / Etc.

WHAT NOT TO BRING TO OVERNIGHT TRIP:

- Jeans (no opportunity to dress up)
- Dress shirts / extra "outfits"
- excessive technology
- excessive toiletries
 - 1). I always overpack for swim meets / especially overnights (Don't do what I do! LOL)
 - 2). Make an effort to streamline what you take. You will never regret it
 - 3). Realistically, you won't do much homework and don't need multiple outfits
- snacks (we are providing tons of snacks on bus / at meet)

KEY TAKE AWAY:

Clothes on bus
Clothes for sleeping
Swim related articles (suit, cap, goggles)
Clothes for beach (maybe re-use sleeping clothes)
Clothes for post-beach ride home / stop for dinner